



NEWSLETTER SPRING 2009

Building News

Summer Time Entertainment:

This Summer, our Plaza entertainment is going to take place every Wednesday of each week during the lunch hour. An exciting addition to our entertainment this year will be taste testing of local restaurants, lounges and coffee shops. The taste testing will take place on one Wednesday of each month in the Plaza area. The name of the chef will not be announced until the week of the event. Make sure you book off your Wednesday lunch hours to enjoy some fabulous entertainment and tasty treats! Everyone in the community is more than welcome to come and join in these festivities. Here is a preview of the Summer Entertainment lineup!

May 20, Blues/Funk
Jory Kinjo

May 27, Jazz Hannah Smart
and surprise taste test coffee shop host.

Bentall is looking forward to seeing everyone there!

Stampede: We will be hosting a Stampede breakfast on July 9th for all tenants of Livingston Place and BP Centre in the Plaza area of Livingston Place. Although last year's event was a great success, we are aiming to deliver an even bigger and better event this year.

Connections Counseling will have a table set up along the food line to sell 50/50 tickets for a prize during the event. Connections will also feature a interactive game which will allow anyone to donate and win small prizes.

Make sure to keep your eyes open for upcoming notices about Stampede 2009!

If you are interested in booking the Plaza for your company Stampede breakfast, contact Reta!

Pinnacle Award- Customer Service:

The BP Centre/Livingston Place team

received Calgary BOMA's (Building Owners and Managers Association) Pinnacle Award for Customer Service. This award is recognition of Bentall's customer service commitment, our national programs as well as the ongoing dedication and efforts of the entire operations team at BP Centre and Livingston Place. The judging process included a site visit and interviews with a few of our tenant and employees. The successful submission emphasized our COMPLETE Service philosophy and training, CLIKfix Tenant Services, our environmental stewardship and tenant communication through our newsletters, website and captivate elevator screens as well as the many amenities available to our tenants including the Livingston Club lounge, conference centre and fitness centre.

Special Points of Interest

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- *Livingston Place and the Community*
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For updates and information on Livingston Place, visit the website at www.livingstonplace.com

Feature Employee



Reta Carswell

Reta joined Bentall LP in December 2007 as the Tenant Relations Manager. She is

an important member of the Livingston Place, Jamieson Place and BP Centre management teams.

Reta is located in the Livingston Place Club lounge on the +15 level of the South tower where she manages the Livingston Place Conference Centre, Lounge, Plaza, West Tower +15 and Fitness Centre.

At BP Centre, Reta is the main contact for bookings of the BP Centre Conference Room on the mezzanine level. She has also

been instrumental in developing the Conference Centre and Fitness Centre facilities in the soon to be completed Jamieson Place.

Reta can be contacted at rcarswell@bentall.com or 403-716-2003. She would be happy to assist you!

Tips for the Workplace

Pace yourself, especially on bad days!

Learn from criticism!

Take a break when needed!

Face everyday head on!



Fitness Centre News

As one of the most utilized amenities available to Livingston Place tenants, the Fitness Centre continues to find new ways to improve and develop. Since it is a relatively new gym that is gaining new members everyday, we are happy to receive suggestions and comments about the facility and do take each suggestion into consideration.

The purpose of the Livingston Place Fitness Centre is to provide all tenants with a place to achieve their personal goals of health and wellness.

The facility is meant to encourage a healthy way of living, whether it be through stretching classes, yoga, exercise or relaxation in the studio.

Stay tuned for all of the upcoming events within the Fitness Centre. Walking/running groups will be starting soon, fitness class sign-ups in the month of May, and challenges and demo classes for all to try. Check out the website for frequent updates at <http://www.livingstonplace.com/Notices/FitnessCentre.aspx>.

If you have any questions or are interested in joining our facility, contact our Fitness Centre Manager, Chelsea Elmquist, at livingstonfitness@bentall.com or 403-716-2007.



Security News

Evacuations and Stairwells

As you are all aware when the building is in alarm there is a lot activity going on. The most important aspect of every evacuation is to ensure that everyone gets out of the building safely and quickly. As such, Bentall LP would like to remind everyone that when you are in the stairwells, remain in single file on the right hand side of the stairwell.

This is to allow for passage of Fire Fighters or Building Operators to get to the area that is in alarm. Having everyone on the right side of the stairwell also ensures that merging floors are able to do so without too much confusion or difficulty.

We have also noticed that it is very noisy in the stairwells during evacuations, making it hard to hear announcements.

Bentall would like to remind everyone that being quiet in the stairwells during evacuations will ensure that everyone is aware of what is happening throughout the evacuation process.

Thank you for your attention to these most important issues.



Tenant Events: Earth Hour and Earth Day



During Earth Hour 2009, Bentall LP made a conscious decision to turn off or unplug all non essential base building lighting and appliances. For one hour, the lobby lights were turned off and the equipment in the Conference Centre/Lounge and Fitness Centre was unplugged. The results of energy conservation within our buildings were phenomenal and thank you to all those tenants who supported our efforts and had their own Earth Hour.

On Earth Day, April 22, a Recycling Roundup event was held at our P1 Recycling Centre and was very successful! We had many participants bring down their recyclable items and two people from Livingston Place won gift baskets filled with environmentally friendly supplies.

Remember that you don't need to wait for a Recycling Roundup event to bring down your recyclable items - our Recycling Centre is available to everyone each day. We accept plastics, batteries, metal/tin electronics (some restrictions may apply), in addition to paper, cardboard, cans and bottles which are collected on tenant floors.



Environmental News

Water Conservation Tips

Looking to conserve water and money?

Good water is a precious resource that is essential to our survival. Using water efficiently and wisely will help conserve resources, such as reducing the amount of chemicals used in water treatment and reducing the energy used to heat water. Taking even small steps to reduce water consumption will also save you money.

In Your Bathroom:

Repair leaks. In the toilet put a drop of food coloring in the toilet tank. If it seeps into the toilet bowl you have a leak. Fix leaky faucets. A tap that drips one drop per second wastes about 10,000 liters per year.

Install water saving aerators on your water faucets and low flow shower

heads in the shower. Visit the EcoStore for Indoor Water Saver Kits. Go to www.cleancalgary.org for more information on their EcoStore.

Avoid running the tap while brushing your teeth, shaving, washing up and cleaning. Take shorter showers. Only fill the bathtub half full.

The toilet is the greatest water waster in any household. Replace your old toilet with a low-flush model. Check out the City of Calgary's Toilet Replacement Program at <http://www.calgary.ca/toilet>.

In your kitchen:

Run your dishwasher only when it's full. Wash fruits and vegetables in a bowl or basin using a vegetable brush instead of letting the water run. Use leftover water to water your plants.

Consider composting, garbage disposals use hundreds of liters of water a week.

Insulate hot water pipes and tanks so that you don't have to run as much water to get hot water to the faucet.

Chill your water in the fridge instead of running the faucet until the water is cold.



Livingston Place and the Community

At Bentall LP, we continually search for ways to become more active within the surrounding local communities. Whether it's hosting the Chinese Cultural Association's Olympic kick-off or simply having our tenants rent out the +15 of the West tower for charity fundraising events, we pride ourselves on taking the time and effort to devote our intentions to bettering our community.



Clean Calgary Association: Bentall LP and Livingston Place has been working diligently with the Clean Calgary Association. Clean Calgary is a non-profit organization which dedicates its time to educate 'Calgarians' on creating healthy homes and communities through environmental sustainability, products and services. Bentall LP is proud to announce that we are officially a Platinum Sponsor of the Clean Calgary Association through

our work, contribution and promotion of Clean Calgary's values. We will continue to host combined lunch and learns for Livingston Place and BP Centre and we will continue to hold tenant events that provide excellent ways to implement and encourage waste reduction and recycling within the work space. For more information on the Clean Calgary Association, visit their website at www.cleancalgary.org.



KidSport Calgary: The Livingston Place Fitness Centre frequently holds sign-up by donation work-out classes and challenges where all proceeds go to KidSport Calgary. Bentall LP and the Livingston Place Fitness Centre will continue our partnership with this charitable organization as it helps to aid in healthy and active lifestyles for Calgary youth.

Here are some fun facts about KidSport Calgary:

Distributed \$426,896 to assist 1,582 kids in 2008 to 20 local schools.

Jarome Iginla surprises minor hockey team with tips, autographs and taught drills (March 2009).

Catrina LeMay Doan taught three kids how to skate at the Olympic Oval (March 2009).

KidSport Calgary has extended their thanks and recognition to the Livingston Place Fitness Centre for our continued support. Bentall would also like to extend a large "thank you" to the tenants of Livingston Place who partake in the donations to KidSport. You make it happen!



Livingston Place Amenities



As with most facilities, there are several procedures and protocols to follow and it is important to review these in order to take full advantage of each amenity.

Bike Cage: The Livingston Place Bike Cage is located on the P1 level of the parkade. There is only one entrance/exit for bikes into the parkade and this is through the same doors as the vehicles. During the hours of 6am to 6pm, the doors will be fully raised and card access is not required. After hours and on weekends however, the parkade doors will be closed and you will require your building access cards to swipe at the box. For exit during

after hours and weekends, there is a push button, indicated by a sign, and this will raise the door for you.

Once you have entered the parkade, be sure to follow the yellow bike path to the Bike Cage. There, you will always require your building access card to swipe and gain entry into the cage. Make sure to hit the exit button on your way out of the cage too!

The bike cage, which can accommodate up to 230 bikes, is free of charge for all tenants of Livingston Place and is available on a first come, first serve basis.

P1 Shower/Locker Rooms: The P1 Shower/Locker Rooms are located beside the Bike Cage and are card access only. Make sure to carefully read over the rules and regulations listed on large signage as you enter the rooms.

The lockers within the locker rooms are day use only, which means you can leave your items and belonging within the lockers for the day, but all contents must be removed each evening. Be sure to bring a lock as none are provided!

There is towel service available with the showers. The Shower/Locker Rooms are available after hours and on weekends but remember, they are card swipe access at all times.

These are beautiful facilities—make sure to check them out! If you have any questions or feedback on our tenant amenities such as the Lounge, Conference Centre, website or patio area, contact the Tenant Relations Manager, Reta Carswell, at rcarswell@bentall.com or 403-716-2003

The Finishing Touch: Tenant Updates

Reminder - +15 West Tower Rental Opportunities: Bentall LP would like to once more extend the offer for our tenants to use the +15 West Tower for charitable events that would increase community involvement of all people at Livingston Place and surrounding properties. These events would be hosted and organized by one of the Livingston Place tenants and examples of these events would include book sales, bake sales, clothing sales, etc. If you are interested and would like to inquire how to book the +15 of the West Tower, please contact the Tenant Relations Manager, Reta Carswell at rcarswell@bentall.com or 403-716-2003.

Update - Mini Surveys: The overwhelming success of our last mini survey (to determine what types of food vendors should be pursued for our new food court on the +15 of BP Centre) has shown us that the mini surveys are really a great tool! We had over 1,100 people respond with their preferences! You will see more of these surveys coming your way!

New Property Manager, Keri Cormier - Back from maternity leave, Keri has accepted the position as Property Manager for Livingston Place and Jamieson Place. Bentall LP thanks Michael Cole for his great work and dedication to Livingston Place as interim Property Manager. He will now focus his efforts on BP Centre. Keri will always be around the buildings and you can contact her at 403-303-2461 or kcormier@bentall.com.



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